

Easy, convenient quality healthcare



With MDLIVE you and your covered family members have 24/7 access to board-certified doctors who are specially trained in virtual care.

Our doctors have more than 15 years' experience and are ready to help you with a variety of minor medical conditions, when and where it is convenient for you.

Talk to a doctor or schedule a visit today.

OUR DOCTORS TREAT OVER 50 MINOR MEDICAL CONDITIONS DAILY

- Allergies
- Common Cold
- Constipation
- Cough
- Diarrhea
- Ear Pain
- Fever
- Flu
- Headaches
- Insect Bites
- Nausea
- Pink Eye
- Rash
- Respiratory Issues
- Sore Throat
- Sinus Infections
- Urinary Tract Infection (Female, 18+)
- Vomiting
- And more

STEP 1

FIND A VIRTUAL DOCTOR



You can see a doctor right away or schedule your appointment for a time that works best for you.

Search through our network of board-certified doctors and choose the one that's right for you. You can see doctor photos, bios, and specialty.

STEP 2

START YOUR VISIT



Speak to a doctor on the phone or via video.

You'll be asked for photos, if appropriate, of your condition and to fill out a short questionnaire before your visit. Then your doctor will talk to you about your symptoms and recommend a treatment.

They will even send a prescription to your pharmacy, if appropriate.

STEP 3

FEEL BETTER



Our goal is to get you back on your feet faster.

You can have a virtual doctor visit at a time that's convenient for you, get your prescription filled quickly, and start on your path to being symptom-free.

MD **Download the app.**
Join for free. Visit a doctor.

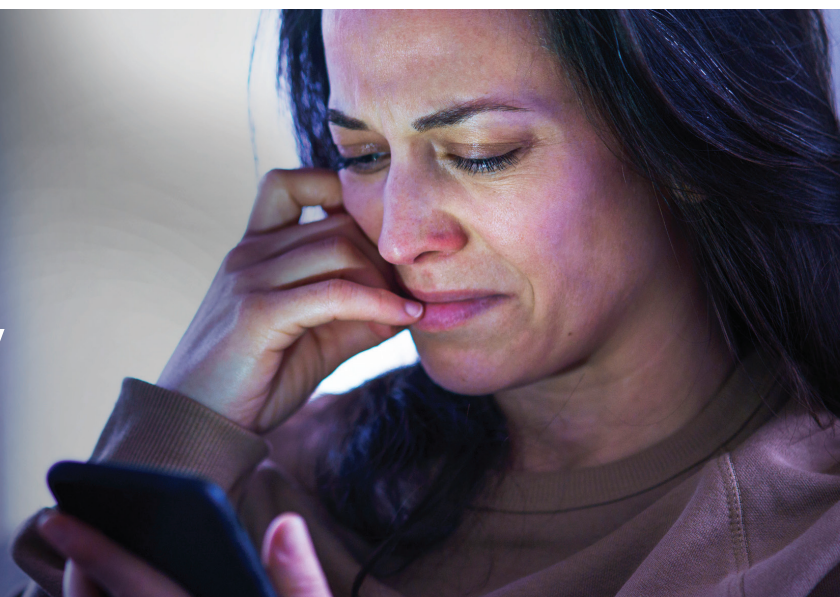
MDLIVE.com/regence-or
888-725-3097



Regence

MDLIVE®

Mental health support from the privacy and safety of home.



If you or someone in your family is struggling with anxiety, depression, stress, or another mental health condition, the help you need is here. Regence Oregon is partnering with MDLIVE, a leading national telehealth provider, to give members an easy and highly convenient way to get the support you need from a mental health professional.

Your health plan gives you the option of connecting with an MDLIVE board-certified psychiatrist or licensed therapist from the privacy and safety of your home, office, or wherever it is convenient for you, through secure video or phone.

ABOUT MDLIVE BEHAVIORAL HEALTH

- MDLIVE has an extensive national network of board-certified psychiatrists and licensed therapists, so selecting one who is a good match is simple and convenient.
- Pick the same provider for every appointment or choose a different one at any time.
- MDLIVE providers are specially trained in virtual behavioral health visits to provide the highest quality of compassionate mental health support.
- Appointments are available seven days a week, even during evenings and weekends.
- All sessions are private and secure.

To learn more or schedule an appointment, visit [MDLIVE.com-OR](https://www.MDLIVE.com-OR).

Speak with a licensed therapist for talk therapy and coping strategies. If you need help with assessments or medication management, our board-certified psychiatrists are here for you.

What we can support:

- Anxiety
- Bipolar Disorder
- Depression
- Grief and Loss
- LGBTQ+ Support
- Stress Management
- Trauma & PTSD
- And more

Call 888-725-3097

Visit [MDLIVE.com/regence-or](https://www.MDLIVE.com/regence-or)



Get the app

GET STARTED TODAY!

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